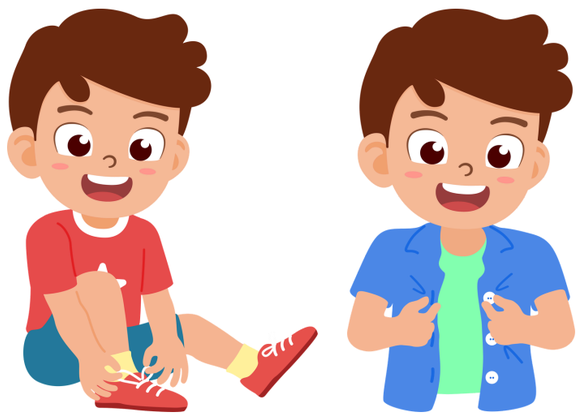
NHS TAYSIDE CHILDREN AND YOUNG PEOPLE OCCUPATIONAL THERAPY

Occupational Therapy helps children and young people to engage in everyday activities that are important to them including self-care, play and learning

For more information on how Occupational Therapy can help visit...

www.OTCYP.scot.nhs.uk



Getting dressed

Using scissors

Handwriting

Scan me

Ball skills and balance

Play

Using cutlery

Things you will find on our website...

Contact details

Referral process and form

More information on the OT service and how we can help

Professionals section including training

Strategies and useful videos

For sensory supports and training please see our sensory section