NHS TAYSIDE CHILDREN AND YOUNG PEOPLE OCCUPATIONAL THERAPY

SENSORY SUPPORTS

Evidence shows that children display their sensory differences to the people they trust the most. Therefore, the best way to support children is for those around them to have a good understanding of why these difficulties occur and what they can put in place to support the child which is why we don't tend to carry out assessments or interventions.

Instead we offer the following...

Sensory Training

We offer free training for parents/carers, schools, nurseries and other professionals who are looking to further develop their knowledge and understanding of sensory processing and how it can impact children.

You can access the training on our website; **www.OTCYP.scot.nhs.uk** or via our YouTube Channel.

Free Online Resources

Our Website – for links to sensory training, resources, our problem solving tool and the sensory checklist

KIDS Scotland – for more information and an excellent interactive sensory questionnaire which will self generate helpful strategies to try

Further help

If you have completed the Sensory Training and you have tried strategies from the self help tools but you are still concerned or looking for more specific advice, please get in touch.

Perth – 01738 473250 **Dundee/Angus – 01382 835103**

Email – TAY.childhealthot@nhs.scot